

## IN THIS EDITION:

- Moving to secondary school – important videoconference for year 6 parents
- Cuppa and Chat - Wed 21<sup>st</sup> Oct (morning)
- NNPCF annual conference – join the discussion
- ‘Moving on’ event – 22<sup>nd</sup> October
- Half-term play scheme
- Heard Online event on the transition back to education 22nd Oct
- Contact family workshops

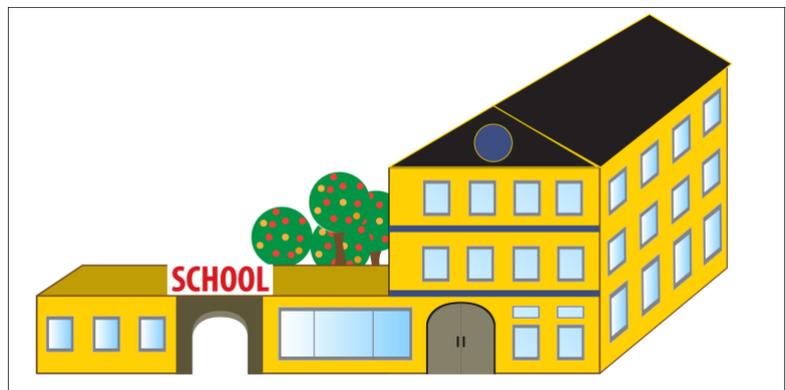


## What's New?

14<sup>th</sup> October 2020

# Year 6 – important videoconference on moving to secondary school - 20<sup>th</sup> and 21<sup>st</sup> October

Enfield SENDIASS and Our Voice Parent Forum are hosting two online information sessions next week for parents who want more information on choosing a secondary school for children with additional needs, and expressing your preferences for children who have Education, Health and Care Plans (EHCPs).



We will discuss the process, how you can get information about secondary schools and what to look out for when making decisions.

**Tuesday, 20th October: 10.30 am - 12.00 pm - book [here](#)**

**Wednesday: 21st October: 12.30 pm- 2.00 pm - book [here](#)**

We are aware that parents / carers of children with an EHCP need to submit their forms **by Friday, 23rd of October** at the latest. If you are unsure of the process for transition to secondary schools, or need some guidance, we **strongly urge you to attend these information sessions** on either day. This will help you make an informed choice of secondary schools for your child / children.

For full details see the [attached flyer](#).

## Cuppa and Chat – back to school chat next Wed

Don't forget our next informal chat session will be on Wednesday 21<sup>st</sup> October from 10.30 to 11.30 am. It is intended to give parents a chance to discuss how things have been going as children return to school and college, and the new challenges faced during this time.

The meetings will take place online via 'GoTo Meetings' – you can use a computer, tablet or smartphone. No need to book – just join using [this link](#). If you have not used 'GoTo Meetings' before, you will need to download the app in advance using [this link](#).

Or you can phone in on 0330 221 0088 using Access Code 714-449-909



# NNPCF Annual Conference – you are invited!

The National Network of Parent Carer Forums and Contact (the Charity for families of disabled children) hold an annual conference which is an important event for all the Parent Carer Forums across the country. Usually this event is attended by one or two representatives from each forum including Our Voice (as the forum for Enfield).

This year, the event is being held virtually, and this means that a much larger number of people can attend rather than just members of forum steering groups.

The conference will take place as a week long event between 30<sup>th</sup> November and 4<sup>th</sup> December – see the flyer [here](#). There will be keynote speakers, workshops, live and pre-recorded information and Q&A sessions. Colleagues from the DfE, NHS England and the DHSC are involved.



## NNPCF & Contact Virtual Conference 2020 Monday 30 November to Friday 4 December

Given the events of 2020 we have made the decision to hold this year's annual conference for Parent Carer Forums virtually.

We will miss seeing all of you face to face. However we are delighted that we can go ahead with a conference in some form - we hope to reach even more of you with a series of virtual sessions!



Join us for a week of events from **Monday 30 November to Friday 4 December** with information and learning opportunities, keynote speakers and workshops.

You can help us shape the content of this year's virtual conference by completing a [short survey](#). Your feedback will help us plan the learning and information sessions.

We look forward to you joining us during the week!



It would be great if some parents from Enfield would like to join some of the sessions. We will share further information with you, along with a timetable of events as soon as all the topics have been chosen. You can help with choosing the topics by completing short [survey](#).

## Moving on Event – Thursday 22<sup>nd</sup> October

<b>Title</b>	<b>Supporting Parents &amp; Carers during transition</b>
<b>Date</b>	<b>Thursday 22<sup>nd</sup> October 2020</b>
<b>Time</b>	<b>10.30am – 12.30pm</b>
<p>Come and join us virtually and take some time out to think about and discuss the challenges you face as your young person makes the transition to adulthood. How will your life be different, will your role change, and how does this make you feel?</p> <p>The event will provide practical tips and sources of support to help you through this time of change in your life.</p> <p>If you would like to attend this event please email <a href="mailto:sarah.mclean@enfield.gov.uk">sarah.mclean@enfield.gov.uk</a></p>	



**Information Booklet  
2020/2021**

**MOVING ON**  
Transition from childhood to adulthood

Follow us on Twitter  
#MovingOnEnfield

[www.enfield.gov.uk](http://www.enfield.gov.uk)

**ENFIELD**  
Council

‘Moving On’ is a programme of support to help you and your young person as they “prepare for adulthood”. There are 4 preparing for adulthood outcomes and they should be included in your young person’s EHCP if they are continuing in education, and/or in the adult care and support plan if they are eligible for support from Adult Social Care:

- Employment
- Keeping Healthy
- Friends, Relationships and Community
- Independent Living

We recommend that you start to attend Moving On Events when your young person reaches Year 9.

These events provide an opportunity to meet and talk to other parents and professionals who can give you advice and information to help you and your young person to make the right decision about their future.

You can see the full booklet on the Local Offer [here](#).

## Half term play scheme for children with Autism and SEND



**ALWA Specialist  
Play Scheme**



**OCTOBER HALF  
TERM PLAY  
SCHEME-**  
Fun filled activity sessions for children aged 8-15 yrs with Autism & SEND: Outdoor play, soft play, arts, games, sensory play and much more..

Contact  
07306403908

**£55 Per day**

**Monday 26th to  
Thursday 29th October  
2020 10am-3pm**

[www.abundantlivingwithautism.org.uk](http://www.abundantlivingwithautism.org.uk)  
[info@abundantlivingwithautism.org.uk](mailto:info@abundantlivingwithautism.org.uk)

**RUSSET HOUSE  
SCHOOL  
11 AUTUMN CLOSE  
EN1 4JA**

**PLACES AVAILABLE!**

# HEARD event – The Transition back to Education



Heard are holding an online event for parents on the transition back to education, taking place on Thursday 22<sup>nd</sup> October 6.30 – 8 pm. The event has a focus on mental health issues, Covid 19, and the primary to secondary school transition.

You can book your place [here](https://tinyurl.com/Heard-October).

## Contact family workshops

[Contact](#) (the charity for families of disabled children) are running a series of online workshops for parents and carers. Dates coming up are:

### **Money Matters - for parents of young children with additional needs**

An overview of benefits, DLA, Carers Allowance, grants available, discounts on utilities, leisure, discounts for carers. Accessing services for support with applications. Local information and helplines. Dispelling myths around benefits. Also covers Covid 19-related financial updates.

**Wednesday 21st October 7:30 pm** [Book now via Eventbrite](#)

### **Money Matters - for parents of children aged up to 16 with additional needs**

An overview of benefits, DLA, Carers Allowance, grants available, discounts on utilities, leisure, discounts for carers. Accessing services for support with applications. Local information and helplines. Dispelling myths around benefits. Also covers Covid 19-related financial updates.

**Thursday 22nd October 7:30 pm** [Book now via Eventbrite](#)

### **Encouraging Positive Behaviour in children aged up to 16**

Gain a better understanding of why children with additional needs behave the way they do. Learn ways to handle difficult situations in a calm, stress-free manner. Explore ways of supporting and encouraging your child and how to get support and help.

**Wednesday 14th October 7:30 pm** [Book now via Eventbrite](#)

**Thursday 22nd October 10:00 am** [Book now via Eventbrite](#)

**Thursday 5th November 10:00 am** [Book now via Eventbrite](#)

## Wellbeing for parents of children with additional needs

Understand clearly what stress is & how it affects you. Identify new ways of coping with stress & reducing your stress levels. Try new stress busting ideas until you find ones that fit with you!

**Monday 19th October 7:30 pm** [Book now via Eventbrite](#)

**Tuesday 20th October 7:30 pm** [Book now via Eventbrite](#)

## Helping your child (aged up to 16) sleep

Gain a better understanding of sleep processes, why sleep problems may occur and possible causes. The importance of sleep and the effect on the whole family. Suggestions for what might help and where to get support.

**Thursday 15th October 10:00 am** [Book now via Eventbrite](#)

**Friday 23rd October 10:00 am** [Book now via Eventbrite](#)

## Understanding Sensory Processing webinar

This webinar session will help you to understand how sensory processing issues can affect children, develop ways of identifying your child's needs and explore strategies to effectively support them. It will help you to consider how sensory issues impact on yourself and your family across different environments, and will explore the impact of the Covid-19 pandemic and lockdown restrictions in this area.

**Wednesday 21st October 10:30 am** [Book now via Eventbrite](#)

## Money Matters - for parents of children aged up to 16 with additional needs

An overview of benefits, DLA, Carers Allowance, grants available, discounts on utilities, leisure, discounts for carers. Accessing services for support with applications. Local information and helplines. Dispelling myths around benefits. Also covers Covid 19-related financial updates. Places will be prioritised for families from the Midlands but anyone is welcome to register.

**Thursday 22nd October 19:30 pm** [Book now via Eventbrite](#)

We hope that you have found our newsletter useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone [07516 662315](tel:07516662315) Email: [info@ourvoicenfield.org.uk](mailto:info@ourvoicenfield.org.uk)

Website: [www.ourvoicenfield.org.uk](http://www.ourvoicenfield.org.uk)

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