Sarah Tite

Sarah Tite is a Trustee of Every Parent & Child and founder of Sarah Tite Coaching Limited. She brings bring over 25 years' leadership experience in the non-profit sector, including senior roles at WaterAid, Marie Curie Cancer Care, and the Mental Health Foundation. Sarah is a parent of two children and has an interest in the wellbeing and support of children and young people, as a parent but also from roles at Coram and Mental Health Foundation.

With expertise in leadership development, coaching, and organisational growth, helping to strengthen the charity's governance, strategic direction, and long-term sustainability, Sarah is committed to improving outcomes for children, young people, and families. As an active trustee of Every Parent & Child. Sarah supports the organisation in delivering inclusive, community-led services that build resilience, increase opportunity, and create lasting positive change.